

Advice for Women Travelers

If you are a woman traveling alone or with small children, take advantage of car valet service, if available, to avoid the parking lot. After checking in at the desk, ask the bellman or desk clerk to escort you to your room. After unlocking the room, quickly inspect the closets, under the bed and bathroom, including behind the shower curtain, before the bellman leaves. When you find a suitable hotel that meets your standards and will cater to your needs, try to stick with it or with the same hotel chain.

- Always request a room on an upper floor, if possible
- A solid core door with a good deadbolt lock is best
- Electronic card-access locks minimize key control questions
- Make sure your door has a peephole and night latch and use it
- Use your “Do Not Disturb” sign whenever you are in the room
- Inspect the room’s hiding places upon entering and check all locks
- Supervise children at all times, especially at the pool or gym
- Ask the bellman for an escort and use valet parking, if alone

One of the most important safety tips is to always be alert to what’s going on around you!